

Cub Scout Sample Calendar – Lions

LION DENS



September – Gizmos & Gadgets



Requirement	Meeting Details
1. Explore properties of motion.	Den Meeting
2. Explore properties of force.	Den Meeting
3. Use household materials to create a useful object.	At Home



October – Fun on the Run

Requirement	Meeting Details
1. Learn and demonstrate three exercises you can do each day.	Den Meeting
2. Make a nutritious snack for the rest of your family.	At Home
3. Understand the importance of rest.	At Home
4. Participate as a den in Jungle Field Day.	Den Meeting

November – Animal Kingdom



Requirement	Meeting Details
1. Learn the role of someone who provides a service to your community.	Den Meeting
2. Demonstrate you know what to do in an emergency.	Den Meeting
3. Choose two energy saving projects to practice in your home for two weeks.	At Home
4. Participate in a Lion den family service project for others. (satisfied by the outing)	Den Meeting or At Home



December – King of the Jungle

Requirement	Meeting Details
1. Participate in a flag ceremony with your den.	Den Meeting
2. Explain what it means to be a good citizen.	Den Meeting or At Home
3. Explain what it means to be a leader.	Den Meeting or At Home

Cub Scout Sample Calendar – Tigers

TIGER DENS

September – Tiger-iffic!



Requirement	Meeting Details
Complete requirements 1-3 and plus at least one other.	
1. Play at least two different games by yourself; one may be a video game.	At Home
2. Play a board game or another inside game with one or more members of your family	At Home
3. Play a problem-solving game with your den	Den Meeting
4. With your parent's or guardian's permission, do the following: <ul style="list-style-type: none"> • Play a video game with family members or den members in a tournament. • List at least three tips that would help someone who was learning how to play your favorite video game. • Play an appropriate video game with a friend for 30 minutes. 	At Home
5. With other members of your den, invent a game, OR change the rules of a game you know, and play the game.	Den Meeting
6. Play a team game with your den	At Home or Den Meeting



October – Tiger Bites!

Requirement	Meeting Details
Complete requirements 1 and 2 plus at least two others.	
1. With your parent, guardian, or other caring adult, or with your den, find out about good food choices and not-so-good choices. Identify three foods that you think would be good choices and three foods that would not be good choices.	Den Meeting
2. Explain the importance of hand washing before a meal and cleanup after a meal. Then show how you would do each.	At Home
3. Show that you know the difference between a fruit and a vegetable. Eat one of each.	Den Meeting
4. With your parent, guardian, or other caring adult, pick a job to help your family at mealtime. Do it for at least four meals.	At Home
5. Talk with your parent, guardian, or other caring adult about what foods you can eat with your fingers. Practice your manners when eating them.	Den Meeting & At Home
6. With your parent, guardian, or other caring adult, plan and make a good snack choice or other nutritious food to share with your den.	At Home

Cub Scout Sample Calendar – Tigers

TIGER DENS (continued)

November – Tiger-iffic!



Requirement	Meeting Details
Complete the following requirements.	
1. Show your loyalty to Tiger orange by bringing in and sharing with your den five items that are the color orange.	Den Meeting
2. Demonstrate loyalty over the next week at school or in your community. Share at your next den meeting how you were loyal to others.	At Home, At School & at Den Meeting
3. With your parent, guardian, or other caring adult, decide on one new task you can do to help your family, and do it.	At Home
4. Talk with your parent, guardian, or other caring adult, about polite language. Learn how to shake hands and introduce yourself.	At Home
5. Play a game with your den. Then discuss how your den played politely.	Den Meeting
6. With your parent, guardian, or other caring adult, work on a service project for your pack's meeting place or chartered organization.	At Home



December – Tiger: Safe and Smart

Requirement	Meeting Details
Complete the following requirements.	
1. Memorize your address, and say it to your den leader or your parent, guardian, or other caring adult.	Den Meeting or At Home
2. Memorize an emergency contact's phone number, and say it to your caring adult at home.	Den Meeting
3. Take the 911 safety quiz.	Den Meeting
4. Show you can "Stop, Drop, and Roll."	Den Meeting
5. Show you know how to safely roll someone else in a blanket to put out a fire.	At Home
6. With your parent, guardian, or other caring adult, make a fire escape map of your home and explain it to family members and your den.	At Home
7. With the help of an adult, try a practice fire drill at home.	At Home
8. Find the smoke detectors in your home. With the help of an adult, check the batteries.	At Home
9. OPTIONAL: Visit an emergency responder station, or have an emergency responder visit you.	Den Meeting

Cub Scout Sample Calendar – Wolves

WOLF DENS

September – Paws of Skill



Requirement	Meeting Details
Complete at least Requirements 1-4. Requirements 5-7 are optional.	
1. Talk with your family about what it means to be physically fit. Share ideas of what you can do to stay in shape.	At Home
2. With your family or den, talk about why it is important to stretch before and after exercising. Demonstrate proper warm-up movements and stretches before and after each activity you do that involves action.	At Home, At School & at Den Meeting
3. Select at least two physical fitness skills and practice them daily for two weeks. See if you can improve during that time.	At Home
4. With your den, talk about what it means to be a member of a team. Working together, make a list of team sports, and talk about how the team works together to be successful. Choose one and play for 30 minutes.	Den Meeting
5. With your den, develop an obstacle course that involves five different movements. Run the course two times and see if your time improves. Talk about sportsmanship and what it means to be a good sport while playing a game or a sport. Share with your den how you were a good sport or demonstrated good sportsmanship in requirement 4.	Den Meeting
6. Visit a sporting event with your family. Look for ways the team works together.	At Home



October – Call of the Wild

Requirement	Meeting Details
Complete Requirements 1-4 plus at least one other.	
1. Attend one of the following: <ul style="list-style-type: none"> A family campout (consider having a "pack campout" on a specific weekend, but virtually with flag ceremonies, virtual campfire programs, etc.) An outdoor activity with your den or pack 	Den Meeting or At Home
2. With your family, make a list of possible weather changes that could happen during your outing according to the time of year you are outside. Tell how you will be prepared for each one.	At Home
3. Do the following: <ul style="list-style-type: none"> Recite the Outdoor Code with your parent. Recite the Leave No Trace Principles for Kids with your parent. Talk about how these principles support the Outdoor Code. 	Den Meeting or At Home
4. After your outdoor activity or campout, list the ways you demonstrated being careful with fire or other dangers.	Den Meeting or At Home
5. Show or demonstrate what to do: 1.) In case of a natural disaster such as an earthquake or flood and 2.) to keep from spreading your germs.	At Home
6. Show how to tie an overhand knot and a square knot.	At Home
7. While on a family outing, identify four different types of animals you see or explain evidence of their presence. Tell how you identified them.	Den Meeting or At Home

Cub Scout Sample Calendar – Wolves

WOLF DENS (continued)

November – Council Fire



Requirement	Meeting Details
Complete Requirements 1 and 2 plus at least one other.	
1. With your den, participate in a flag ceremony, and learn how to properly care for and fold the flag.	Den Meeting
2. Participate in a community service project with your family.	At Home
3. With your parent or guardian's permission, talk to a military veteran, law enforcement officer, member of the fire department, or someone else approved by your Den Leader. Talk about his or her service to the community or country. After you have visited with the individual, write a short thank-you note.	Den Meeting or At Home
4. Learn about the changes in your community, and create a project to show your den how the community has changed.	At Home
5. Select one issue in your community, and present to your family your ideas for a solution to the problem.	At Home
6. Work with your den/family to develop a duty chart, and perform these tasks for one month.	Den Meeting or At Home
7. Participate in an event such as a parade or assembly celebrating military veterans.	Den Meeting/Outing



December – Germs Alive!

Requirement	Meeting Details
Complete at least five of the following requirements	
1. Wash your hands while singing the "Happy Birthday" song.	Den Meeting AND At Home
2. Play Germ Magnet with your den or your family. Wash your hands afterward.	At Home
3. Conduct the sneeze demonstration.	Den Meeting
4. Conduct the mucus demonstration with your den or family.	Den Meeting
5. Grow a mold culture. Take a picture to show at your next den meeting to show what formed!	At Home
6. Make a clean room chart, and do your chores for at least one week.	At Home

NOTE: These meeting details are only suggestions. Use them as a guide as you plan your den's meetings for this fall. Each requirement can be adapted to fit your schedule.

Cub Scout Sample Calendar – Bears

BEAR DENS

September – Make It Move



Requirement	Meeting Details
Complete the following requirements.	
1. Create an “exploding” craft stick reaction.	At Home
2. Make two simple pulleys, and use them to move objects.	At Home
3. Make a lever by creating a seesaw using a spool and a wooden paint stirrer. Explore the way it balances by placing different objects on each end.	At Home
4. Complete one of the following: <ul style="list-style-type: none"> • Draw a Rube Goldberg-type machine. Include at least six steps to complete your action. • Construct a real Rube Goldberg-type machine to complete a task assigned by your den leader. Use at least two simple machines and include at least four steps. 	Den Meeting



October – Bear Picnic Basket

Requirement	Meeting Details
Complete at least three of the following requirements.	
1. Create your own Bear cookbook using at least five recipes you might cook or prepare either on your own or with some adult help. Include at least one recipe each for breakfast, lunch, dinner, and a nutritious snack.	Den Meeting
2. With your den, prepare for cooking by explaining the importance of planning, tool selection, sanitation, and cooking safety.	Den Meeting
3. Select and prepare two nutritious snacks for yourself or your family.	At Home
4. With the help of an adult, select a recipe to prepare in a kitchen for your family. Help to select the needed ingredients, perhaps from a garden, grocery store, or farmers' market. Cook and serve your planned meal. Clean up after the preparation and cooking.	At Home
5. With the help of an adult, select a recipe to prepare in the outdoors for your family. Help to select the needed ingredients, perhaps from a garden, grocery store, or farmers' market. Cook and serve your planned meal. Clean up after the preparation and cooking.	At Home

Cub Scout Sample Calendar – Bears

BEAR DENS (continued)

November – Paws for Action



Requirement	Meeting Details
Complete Requirement 1 plus two others from Requirements 2-4.	
1. Learn about our nation's flag. Display it at home for one month. Say the Pledge of Allegiance and learn its meaning.	Den Meeting and At Home
2. Do at least one of the following. <ul style="list-style-type: none"> Find out about two famous Americans. Share what you learned. Find out where places of historical interest are located in or near your community, town, or city. Go and visit one of them with your family. 	At Home
3. Do at least two of the following. <ul style="list-style-type: none"> With your den, visit a local sheriff's office, police station, or fire department OR talk with a fire safety officer or law enforcement officer visiting your den. Find out what skills the officers use to do their jobs. Ask questions that will help you learn how to stay safe. Make a list of emergency numbers and discuss with your family where the list should be kept. Show your family that you know how to call for help in an emergency. Talk with your family about people who could help you if a parent is not available. With your family, develop a plan to follow in case of an emergency, and practice the plan at least three times. Your family can determine the emergency, or you can develop several plans. 	Den Meeting
4. Do at least one of the following. <ul style="list-style-type: none"> Do a cleanup project that benefits your community. Participate in a patriotic community parade or other civic event that honors our country 	Den Meeting or At Home



December – Roaring Laughter

Requirement	Meeting Details
Complete at least four of the following requirements.	
1. Think about what makes you laugh. Write down three things that make you laugh.	At Home
2. Practice reading tongue twisters.	Den Meeting
3. Create your own short story. Remove some nouns, verbs, adjectives, and adverbs from the story, leaving blanks. Without telling the story, have a friend or sibling insert his or her own nouns, verbs, adjectives, and adverbs in the story you created.	At Home
4. With a partner, play a game that makes you laugh.	Den Meeting
5. Share at least two jokes with members of your family to make them laugh.	At Home
6. Practice at least two run-ons with your den, and perform them at your next meeting.	Den Meeting

Cub Scout Sample Calendar – Webelos

WEBELOS DENS

September – Adventures in Science



Requirement	Meeting Details
Complete the following requirements.	
1. An experiment is a “fair test” to compare possible explanations. Draw a picture of a fair test that shows what you need to do to test a fertilizer’s effects on plant growth.	At Home
2. Visit a museum, a college, a laboratory, an observatory, a zoo, an aquarium, or other facility that employs scientists. Prepare three questions ahead of time, and talk to a scientist about his or her work.	Den Meeting at At Home
3. Complete any four of the following: <ul style="list-style-type: none"> • Carry out the experiment you designed for Requirement 1. • If you completed 3A, carry out the experiment again but change the independent variable. Report what you learned about how changing the variable affected plant growth. • Build a model solar system. Chart the distances between the planets so that the model is to scale. Use what you learned from this requirement to explain the value of making a model in science. • With adult supervision, build and launch a model rocket. Use the rocket to design a fair test to answer a question about force or motion. • Create two circuits of three light bulbs and a battery. Construct one as a series circuit and the other as a parallel circuit. • Study the night sky. Sketch the appearance of the North Star and the Big Dipper over at least six hours. Describe what you observed & explain the meaning of your observations. • With adult assistance, explore safe chemical reactions with household materials. Using two substances, observe what happens when the amounts of the reactants are increased. • Explore properties of motion on a playground. How does the weight of a person affect how fast they slide down a slide or how fast a swing moves? Design a fair test to answer one of those questions. • Read a biography of a scientist. Tell your den or family what the scientist is famous for and why his or her work is important. 	Den Meeting or At Home TIP: Do 1-2 at a meeting and 1-2 at home



October – Cast Iron Chef

Requirement	Meeting Details
Complete Requirements 1 and 2 below. Requirement 3 is optional.	
1. Plan a menu for a balanced meal for your family. Determine the budget for the meal. If possible, shop for the items on your menu. Stay within your budget.	At Home
2. Prepare a balanced meal for your family. If possible, use one of these methods for preparation of part of the meal: camp stove, Dutch oven, box oven, solar oven, open campfire, or charcoal grill. Demonstrate an understanding of food safety practices while preparing the meal.	At Home
3. Use tinder, kindling, & fuel wood to demonstrate how to build a fire in an appropriate outdoor location. If allowed, show how to safely light the fire, under the supervision of an adult. After allowing the fire to burn safely, safely extinguish the flames with minimal impact to the fire site.	Den Meeting or At Home

Cub Scout Sample Calendar – Webelos

WEBELOS DENS (continued)

November – Aware and Care



Requirement	Meeting Details
Complete the following requirements.	
1. Develop an awareness of the challenges of the blind or visually impaired through participation in an activity that simulates blindness or visual impairment. Alternatively, participate in an activity that simulates the challenges of being deaf or hard of hearing.	At Home
2. Engage in an activity that simulates mobility impairment. Alternatively, take part in an activity that simulates dexterity impairment.	At Home
3. With your den, participate in an activity that focuses on the acceptance of differences in general.	Den Meeting
4. Do two of the following: <ul style="list-style-type: none"> Do a Good Turn for residents at a skilled nursing facility/retirement community. Invite an individual with a disability to visit your den, and discuss what activities he or she currently finds challenging or found challenging in the past. Attend a disabilities event such as a Special Olympics competition, an adaptive sports event, a performance with sign language interpretation, or an activity with service dogs. Tell your den what you thought about the experience. Talk to someone who works with people who have disabilities. Ask what that person does and how he or she helps people with disabilities. Using American Sign Language, sign the Scout Oath. With the help of an adult, contact a service dog organization, and learn the entire process from pup training to assignment to a client. Participate in a service project that focuses on a specific disability. Participate in an activity with an organization whose members are disabled 	Den Meeting or At Home



December – First Responder

Requirement	Meeting Details
Complete Requirements 1 and at least 5 others.	
1. Explain what first aid is. Tell what you should do after an accident.	Den Meeting
2. Show what to do for hurry cases of first aid: Serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning	At Home
3. Show how to help a choking victim.	At Home
4. Show how to treat for shock.	At Home
5. Demonstrate how to treat at least five of the following: <ul style="list-style-type: none"> Cuts and scratches, Burns and scalds, Sunburn, Blisters on the hand or foot, Tick bites, Bites and stings of other insects, Venomous snakebites, Nosebleed, Frostbite 	Den Meeting
6. Put together a simple home first-aid kit. Explain what you included and how to use each item correctly.	At Home
7. Create and practice an emergency readiness plan for your home.	At Home
8. Visit with a first responder or health care professional.	Den Meeting or At Home

Cub Scout Sample Calendar – Arrow of Lights

ARROW OF LIGHT DENS

September – Adventures in Science



Requirement	Meeting Details
Complete the following requirements.	
1. An experiment is a "fair test" to compare possible explanations. Draw a picture of a fair test that shows what you need to do to test a fertilizer's effects on plant growth.	At Home
2. Visit a museum, a college, a laboratory, an observatory, a zoo, an aquarium, or other facility that employs scientists. Prepare three questions ahead of time, and talk to a scientist about his or her work.	Den Meeting at At Home
3. Complete any four of the following: <ul style="list-style-type: none"> • Carry out the experiment you designed for Requirement 1. • If you completed 3A, carry out the experiment again but change the independent variable. Report what you learned about how changing the variable affected plant growth. • Build a model solar system. Chart the distances between the planets so that the model is to scale. Use what you learned from this requirement to explain the value of making a model in science. • With adult supervision, build and launch a model rocket. Use the rocket to design a fair test to answer a question about force or motion. • Create two circuits of three light bulbs and a battery. Construct one as a series circuit and the other as a parallel circuit. • Study the night sky. Sketch the appearance of the North Star and the Big Dipper over at least six hours. Describe what you observed & explain the meaning of your observations. • With adult assistance, explore safe chemical reactions with household materials. Using two substances, observe what happens when the amounts of the reactants are increased. • Explore properties of motion on a playground. How does the weight of a person affect how fast they slide down a slide or how fast a swing moves? Design a fair test to answer one of those questions. • Read a biography of a scientist. Tell your den or family what the scientist is famous for and why his or her work is important. 	Den Meeting or At Home TIP: Do 1-2 at a meeting and 1-2 at home

Cub Scout Sample Calendar – Arrow of Lights

ARROW OF LIGHT DENS (continued)

October – Outdoor Adventurer



Requirement	Meeting Details
Complete Option A or Option B and requirements 2-5.	
Option A: 1. With the help of your family, plan and participate in a campout. <i>(consider having a "pack campout" on a specific weekend, but virtually with flag ceremonies, virtual campfire programs, etc.)</i>	At Home
Option B: 1. With the help of your family, plan and participate in an outdoor activity.	Den Meeting or At Home
If completing Option A: (if completing Option B, skip to requirement 3) <ul style="list-style-type: none"> 2. On arrival at the campout/outdoor activity, determine where to set up your tent. Demonstrate knowledge of what makes a good tent site and what makes a bad one. Set up your tent without help from an adult. 	Den Meeting at At Home
3. Discuss what actions you should take in the case of the following extreme weather events: <ul style="list-style-type: none"> Severe rainstorm causing flooding Severe thunderstorm with lightning or tornadoes Fire, earthquake, or other disaster that will require evacuation. Discuss what you have done to minimize as much danger as possible. 	Den Meeting or At Home
4. Show how to tie a bowline. Explain when this knot should be used and why. Teach it to another Scout who is not a Webelos Scout.	Den Meeting or At Home
5. Recite the Outdoor Code & the Leave No Trace Principles from memory. Talk about how you can demonstrate them while you are working on your Arrow of Light. After one outing, list the things you did to follow the Outdoor Code and Leave No Trace.	Den Meeting or At Home

Cub Scout Sample Calendar – Arrow of Lights

ARROW OF LIGHT DENS (continued)

November – Building a Better World



Requirement	Meeting Details
Complete the following requirements.	
1. Explain the history of the United States flag. Show how to properly display the flag in public, and help lead a flag ceremony.	At Home
2. Learn about and describe your rights and duties as a citizen, and explain what it means to be loyal to your country.	Den Meeting or At Home
3. Discuss the term "rule of law," & talk about how it applies to your everyday life.	Den Meeting or At Home
4. Meet with a government or community leader, and learn about his or her role in your community. Discuss with the leader an important issue facing your community.	Den Meeting or At Home
5. Show that you are an active leader by planning an activity for your den without your den leader's help. Ask your den leader for approval first.	Den Meeting or At Home
6. Do at least one of these: <ul style="list-style-type: none"> Learn about Scouting in another part of the world. With the help of an adult, pick one country where Scouting exists, and research its Scouting program. Set up an exhibit at a pack meeting to share information about the World Friendship Fund. Under the supervision of your parent, guardian, or den leader, connect with a Scout in another country during an event such as Jamboree on the Air or Jamboree-on-the-Internet or by other means Learn about energy use in your community and in other parts of the world. Identify one energy problem in your community, and find out what has caused it. 	Den Meeting or At Home



December – Project Family

Requirement	Meeting Details
Complete the following requirements.	
1. Interview a grandparent, another family elder, or a family friend about what life was like when he or she was growing up.	At Home
2. With members of your family, discuss some of your family names, history, traditions, and culture. Do one of the following: <ul style="list-style-type: none"> Create a family tree of three generations. Make a poster or webpage that shows the places that some of your family members came from. Choose a special celebration or holiday that some of your family members participate in, and create either a poster, picture, or photo slideshow of it. 	At Home
3. Show your understanding of your duty to family by creating a chart listing the jobs that you and other family members have at home. Choose three of the jobs you are responsible for, and chart them for two weeks.	Den Meeting at At Home
4. Select a job that belongs to another family member, & help that person complete it.	Den Meeting or At Home
5. With the help of an adult, inspect your home & its surroundings. Make a list of hazards or security problems you find. Correct a problem you found, & tell what you did.	Den Meeting or At Home
6. Complete one of the following: <ul style="list-style-type: none"> Hold a family meeting to plan an exciting family activity. The activity could include: A family reunion, A family night, A family outing Create a list of community service or conservation projects that you and your family can do together, and present it to your family. Select one project, plan it, and complete it with members of your family. 	Den Meeting or At Home